

# Anesthesiology

Our Louisville, Kentucky, plastic surgeons and anesthesiology team, Anesthesiology Associates, share two key goals: (1) helping you fulfill your cosmetic goals and (2) making your surgery at CaloAesthetics® Plastic Surgery and Cosmetic Breast Center a safe and comfortable experience. Anesthesiology Associates is here at CaloAesthetics® Plastic Surgery Center to provide anesthesia care using the newest and most advanced techniques. We are also readily available for consultation with cosmetic patients preoperatively and to assist in managing care postoperatively. We invite all prospective cosmetic plastic surgery patients in the Lexington and Louisville, KY area to contact us to request a private, confidential consultation. An Anesthesiology Associates team member can be reached at (502) 203-0887.

## Information about Anesthesia

The same anesthetic techniques used in hospitals are used here to ensure your safety and comfort. There are basically three choices of anesthesia:

- **General anesthesia:** Most patients are familiar with "going to sleep." This anesthetic involves a combination of medicines administered by your anesthesiologist to cause total loss of consciousness and pain sensation. These medicines may be through the IV or through a breathing tube. Your anesthesiologist will closely monitor all your vital systems throughout the procedure and look after you in recovery.
- **Monitored anesthesia care:** Sometimes called MAC, this anesthetic also involves medications through an IV administered by your anesthesiologist to make you drowsy while your surgeon administers a numbing shot. Patients have often called these anesthesia medications "I don't care medicine." You will be monitored during and after surgery by your anesthesiologist.
- **Local anesthesia:** Much like going to the dentist, your surgeon will administer a numbing shot so you cannot feel the surgery. An anesthesiologist will not be involved in your care. Unless you have taken pills before surgery that your surgeon has prescribed (pain pills, anti-anxiety pills), you may drive yourself home afterward.

Patients having surgery in our office will be asked to follow precautions similar to those in a hospital. For example, you will be instructed about not eating or drinking before surgery and the necessity of having a responsible adult with you overnight after surgery. We will ask you to discontinue the use of diet pills and some herbal supplements before any surgery. Lastly, we will want to know your health history in detail, including medicines you take and allergies to drugs or latex.

For most operations, you will meet an anesthesiologist on the day of your surgery. Your anesthesiologist will review your health history and examine you before surgery. However, if you have questions or would like to discuss the anesthetic further, we will be happy to arrange a consultation with an Anesthesiology Associates team member. We are glad you have chosen CaloAesthetics® Plastic Surgery Center, and we will do everything possible to ensure your safety and comfort.

To learn more about your options for plastic surgery in Louisville, Kentucky, request a consultation online or call us at (502) 203-0887 today.