

# BODY LANGUAGE

New and Innovative Techniques to Improve One's Body

POSTPARTUM  
*Rejuvenation*  
"Mommy Makeover"

**NEW**  
INFINI LASER

EYELID  
*Rejuvenation*

BREAST  
**AUGMENTATION**

The Pinnacle For Body Contouring:  
LIPOSUCTION

FACIAL  
*Rejuvenation*  
Face Lift and Neck Lift

*Open House*  
Thursday, Nov. 5 12 p.m. to 8 p.m.

 **CALOBACE & MIZUGUCHI**  
plastic surgery center

 **CALOSPA**  
rejuvenation center



30's



50's



20's



40's

THE  
*Beauty at*  
**EVERY AGE**

ISSUE

Learn about the best treatments to  
carry you through 4 decades.





*I want...*

## ALPHAEON LIFESTYLE HEALTHCARE OF DOCTORS, FOR PATIENTS

- + Cosmetic Surgery
- + Non-Surgical Cosmetic Procedures
- + Skincare Products

What is Lifestyle Healthcare? It is something more than the latest cosmetic procedure – it is about partnering with each of you to help make the most of your life! Here’s how we look at it.

### Wellness

It’s all about FEELING your best!

### Beauty

It’s all about LOOKING your best!

### Performance

It’s all about BEING your best!

With your lifestyle in mind, you will start seeing the Alphaeon brand showing up on many products and services offered at Calobrace and Mizuguchi Plastic Surgery. You may already be aware of our new financing option available to all our clients, Alphaeon Credit. Teoxane skincare, an innovative product from Geneva, is also an Alphaeon offering.

Dr. Calobrace has partnered with other leading physicians in their field from around the country to create a LIFESTYLE COMPANY that invests in bringing new and innovative products and services to our clients. When you see the name Alphaeon, you will know that only board-certified, leading physicians have hand-selected each and every product.

**We are proud to be Alphaeon, which literally means “new beginning”, and we are committed to providing innovative products and services that will ultimately enhance your life.**

Visit [alphaeon.com](http://alphaeon.com) to learn more.



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## FROM THE DESK OF

*Jennifer Rice* | Director of Operations

At CaloSpa we are focused on treating your skin at every age, and wanted to share with you my journey. Last year, I started on creating my skin treatment plan that would last for one year. Looking at my mother, I could see a bit into my not so distant future in regards to aging. There is sagging and brown spots.

It was time to create a simple but effective plan.

First, skincare. I have never been good at following a routine, so start simple. Night time: Teoxane Prime Solution, Teoxane Refiner, and Teoxane RHA Serum. Morning: Clarisonic with Revision Cleanser, Teoxane Advanced Combination Skin and SPF Matte Intellishade. It was easy to follow and my skin felt wonderful!

Second, the treatments. My aesthetician, Sabrina, recommended Hydra facials and Laser Genesis. These were two very easy and relatively fast treatments to accommodate my hectic schedule.

Third, the wrinkle fighter: Botox. I have been getting Botox treatments for 8 years and have been over the moon on the delay of wrinkles it has afforded me. I am heading into a new era of skin age and needed to go gracefully. This plan took 3 years off my skin age in 3 months! I could see and feel a difference. CaloSpa can help your skin at any age and create a plan of how to make it the best it can be at every age.

See you at Open House!  
Jennifer B. Rice



## CHOOSE WISELY!

Did you know in the U.S. there are over one million doctors allowed to perform injectables and fillers?

Did you also know **less than 7% of those are qualified Expert Injectors™** – the only organization of its kind to be endorsed by the prestigious American Society for Aesthetic Plastic Surgery?

**DRS. CALOBRACE AND MIZUGUCHI ARE AMONG THAT 7%!**

[www.expertinjector.org](http://www.expertinjector.org)

## THE DOCTORS



M. Bradley  
**CALOBRACE**  
MD, FACS

Doctor Calobrace is board certified in plastic surgery (American Board of Plastic Surgery), is a Fellow of the American College of Surgeons and an active member of The American Society of Plastic Surgeons, the American Society for Aesthetic Plastic Surgery, and the Kentucky Society of Plastic Surgeons. Dr. Calobrace holds a gratis clinical faculty position with the University of Louisville Division of Plastic Surgery and University of Kentucky.



Nana N.  
**MIZUGUCHI**  
MD, FACS

Doctor Mizuguchi has board certifications in plastic surgery (American Board of Plastic Surgery) and general surgery (American Board of Surgery). He is a member of the Kentucky Society of Plastic Surgeons and a member of the American Society of Plastic Surgeons. He maintains a gratis clinical faculty position with the University of Louisville Division of Plastic Surgery.

## MEET OUR STAFF

### Introducing *Bethany*

Calobrace & Mizuguchi Plastic Surgery Center would like to welcome and introduce a new member of the team, Bethany Shively, DNP, APRN, FNP-C. Bethany has been with Calobrace & Mizuguchi PSC since 2013. She has spent the last two years as a part of our dynamic and talented operating room nurse team alongside Dr. Bradley Calobrace and Dr. Nana Mizuguchi. She has now transitioned to being our first Nurse Practitioner for the practice. She is an essential part of our team, providing ExpertInjector™ experience and exceptional patient care," says Dr. Calobrace.

After obtaining her Bachelor's of Science in Nursing from Western Kentucky University, Shively went on to earn her Master's of Science in Nursing and Doctor of Nursing Practice from the Medical University of South Carolina.

Bethany has developed non-surgical rejuvenating skills and has a wealth of knowledge and expertise in advanced botulinum toxin techniques, anti-wrinkle treatments and a vast expertise in medical skincare rejuvenation. With Bethany's guidance you can rediscover your youthful appearance.





# Menu OF SERVICES

Packages Also Available



## MEDI SPA

### Facial Injectables

- Botox
- Dysport
- Juvederm
- Radiesse
- Restylane
- Restylane Lyft
- Restylane Silk
- Sculptra
- Voluma

### Facial Laser & Light Treatments

- Excel V – Vascularity Treatment
- Fotofacial Complexion Treatment
- Facial Tightening – INFINI
- Laser Genesis
- PicoFacial
- Spectra
- Trifecta Total Facial Renewal

### Advanced Facial Treatments & Peels

- Chemical Peels
- Dermaplaning (Blading)
- Echo2 Oxygen Facial
- Glycolic/Salicylic Peel
- HydraFacial
- Microdermabrasion
- Microneedling
- Micropeel
- Permanent Make-up
- ZO Blue Peel

### Body Treatments

- B12 Injections
- Laser Hair Removal
- Tattoo Removal

### Fat Reduction & Cellulite Treatments

- CoolSculpting
- Endermologie
- Ideal Protein
- ThermiSmooth
- truSculpt

## DAY SPA

- Body Polishes
- Facials
- Hand, Foot & Scalp Treatments
- Make-up
- Massages
- Physician Directed Skincare Lines



LOUISVILLE



## SURGERY CENTER

### Breast

- Breast Enlargement
- Breast Lift
- Breast Reduction
- Breast Reconstruction
- Gynecomastia
- Revisional Breast Surgery

### Body

- Arm Lift
- Body/Thigh Lifts
- Brazilian Butt Lift
- Labiaplasty
- Lipo Lite Laser Liposuction
- Post Bariatric (weight loss) Rejuvenation
- Postpartum Rejuvenation
- PRP Platelet Rich Plasma
- SafeLipo
- ThermiRase
- ThermiThight
- ThermiVa
- Tummy Tuck
- Ultrasonic Liposuction

### Face

- Calolift
- Chin/Cheek Augmentation
- Endoscopic Browlift
- Eyelid Surgery
- Face Lift
- Fat Transfer
- Fraxel Repair Laser Resurfacing
- Mini-Face Lift
- NeoGraft Hair Restoration
- Rhinoplasty

## WATCH FOR GIFT CARD SPECIALS

Come into CaloSpa and purchase a Gift Certificate or Gift Card for that special someone. No better way to say thank you, I love you, or just because!

Watch for Gift Card Specials for Open House, Holidays and Valentine's Day. When you purchase a \$100 Gift Card you will also receive a \$20 CaloCard.\*

\*restrictions may apply

2015-2016

# Calendar OF EVENTS

### OCTOBER

1-31 Breast Cancer Awareness Month

### NOVEMBER

5 14<sup>th</sup> Annual Open House  
27 CaloSpa Black Friday Deal

### DECEMBER

9-23 12 Days of CaloSpa

### FEBRUARY

1-14 Valentine's Day Gift Card Special

### MARCH

24 Get Derby Ready – CaloSpa Injectable Evening with Drs. Calobrace & Mizuguchi

### MAY

1-7 Mother's Day Gift Card Special

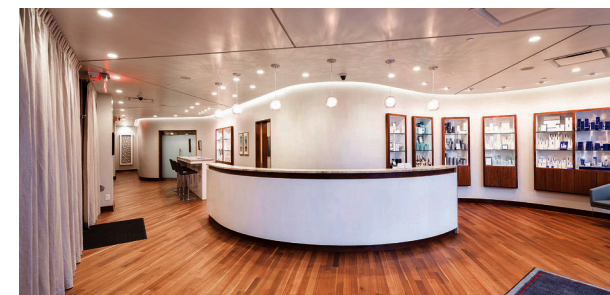
### JUNE

1-19 Father's Day Gift Card Special

### JULY

1-31 Teacher Appreciation

\* Event Dates are Subject to Change



LEXINGTON



# Open House

Thursday, Nov. 5, 2015 12 p.m. to 8 p.m.  
Pre-Sale starts Monday, Nov. 2nd.

RSVP by 11/01  
502.899.9982

It's about you, our clients, our friends, our guests. We would like to invite you to celebrate with us at our 14<sup>th</sup> Annual Open House – Thursday, November 5<sup>th</sup> from 12 p.m. to 8 p.m.

This ONE DAY ONLY event is our opportunity to demonstrate our appreciation to all our clients, both old and new. As our honored guests you will enjoy an evening of indulgence filled with wine, champagne, hors d'oeuvres by Corbetts, and music by Coxx Events. Guests can pamper themselves with complimentary mini-massages; learn about our state-of-the-art procedures and advanced cosmeceuticals, also take advantage of the biggest savings of the year on select products and procedures.\*

So, please join Drs. Calobrace & Mizuguchi and the entire staff for an evening of indulgence and let us thank you for your continuous support and patronage.

Purchase now and enjoy the event later! Open House Pre-Sale starts Monday, November 2<sup>nd</sup>. You may call or stop in to pre-purchase select items and procedures for the special Open House 20% off sale price.\*

\*Excludes Botox & Dysport

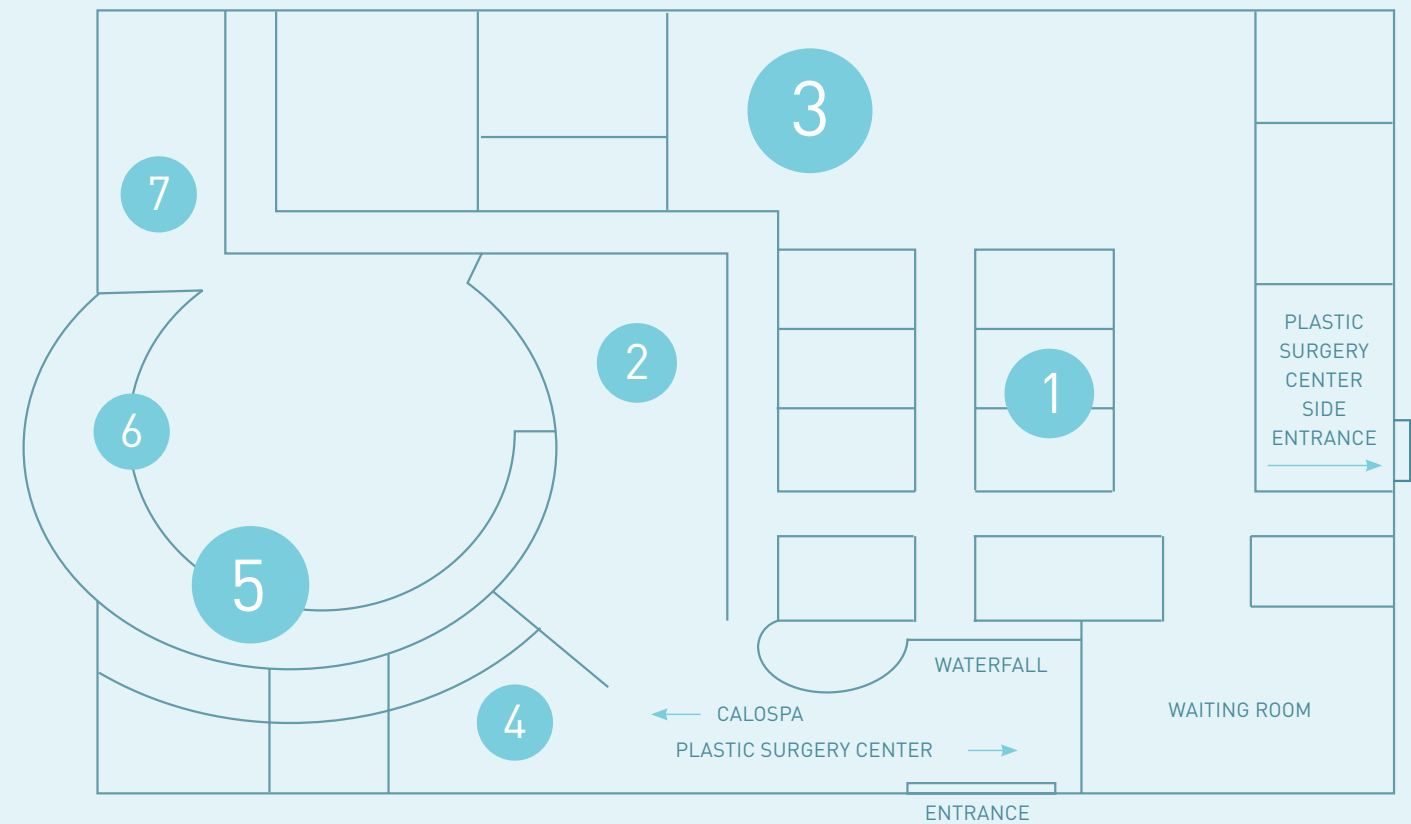
Corbett's  
an American place

COXX Events  
Powered by Moonlight

20% OFF  
CALOSPA  
PRODUCTS  
AND  
SERVICES!

BOTOX® &  
DYSPORT®  
BUY 2 AREAS  
AND GET  
ONE FREE!

## CaloSpa Map



### Use this map to find events throughout our building during the Open House.

- BREAST IMPLANTS**  
We invite you to learn more about breast implants. We will have representatives from each of our implant pharmaceutical companies here to answer your questions.
- INJECTABLE HALL OF FAME**  
The Injectable Hall of Fame is where guests can meet the pharmaceutical companies, we work so closely with, to bring our patients top aesthetic products like Juvederm, Restylane, Radiesse, Voluma, and Sculptra.
- OUR SURGICAL CENTER**  
During the Open House, come visit our nurses and see where the doctors transform lives. During Open House guests get an exclusive peak into our state-of-the-art surgical center.
- TEOXANE & ALPHAEON BEAUTY**  
Backed by science, discover the only skincare line with cross-linked hyaluronic acid and learn why TEOXANE cosmeceuticals are the perfect skincare to complement your advanced aesthetic procedures.
- FREE MINI-MASSAGE**  
Follow the CaloSpa waterfall down to receive a complimentary mini-massage and discover how therapeutic day spa treatments are essential to our general health and well-being.
- BODY CONTOURING CURVE**  
Alongside the atrium curve, visit CaloSpa's Body Contouring Specialist and learn about three of our most popular treatments: CoolSculpting, truSculpt and the NEW ThermiSmooth. Watch live demos and learn how you too can remove unwanted fat permanently.
- THE MAKE-UP ROOM**  
CaloSpa will be giving mini-makeovers, discussing what's hot for the holidays, and sharing make-up tips you can't live without.

## Open House Details

- + Over \$16,000 in Giveaways
- + 20% OFF Most Skincare & Body Products
- + 20% OFF on Select Medi & Day Spa Services. (Botox® & Dysport® excluded)
- + Complimentary Visia Skin Analysis
- + Live Demos of Services
- + Exclusive Botox®/Dysport® Special
- + Mini-Consults with Expert Providers
- + Education on All Products & Services
- + Complimentary Mini-Massages
- + Hors d'oeuvres by Corbett's
- + Music by Coxx Events

### VISIA SKIN ANALYSIS

Capture your skin's health and discover your true skin age, with a complimentary Visia Skin Analysis.





# 20's WHAT'S HAPPENING

Unpredictable Complexions – Acne

Dark Under-Eye Circles

Dry Spells and Very Beginning Signs of Aging

These common skin issues can be caused by the twenty-something's lifestyle that typically tends to be very social:

- + Longer Working Hours
- + Late Nights Out
- + Heavier Drinking
- + Maybe "Social" Smoking
- + Lack of Sleep
- + Too Much Sun

## DID YOU KNOW?

UV Rays cause 90% of premature aging.\*



# 20's THE GOAL Preserve and Protect

## Your Treatment Arsenal

### ACNE

Triggered by hormones, diet, certain medications and stress, acne is common among women in their twenties and can reappear later in life due to hormonal changes, also known as adult acne. Try **REVISION® Purifying Cleansing Gel and Black Mask** to help remove excess oil and impurities, leaving the skin looking polished and smooth.

### DARK UNDER-EYES

Did you know eyes are among the first to show signs of aging? The thin skin surrounding the eyes can leave your eyes looking dark or "purplish" due to tiny blood vessels close to the surface of the skin. You will want to try **ZO® Intense Eye Repair** to restore the delicate skin surrounding the eye.

### PROTECT WITH SPF

**Intellishade® Broad-Spectrum SPF 45** (Beauty Choice Award Winner). Get all the coverage, UV protection and daily moisture you need. Available in two beautiful finishes, Original or Matte.

### EXFOLIATE

Exfoliation helps remove dry, dead skin cells and will leave your face looking fresh and bright. Also, by removing the dead skin cells that collectively layer on the surface of your skin; you will improve the penetration of moisturizers, serums, sunscreens and other skincare products. Try **CaloSpa Micropeel, Revision® Finishing Touch or ZO® Exfoliating Polish**.

In your 20's your skin is at its most resilient and healthiest point but that doesn't mean it's too early to start taking care of your skin.

### MISCONCEPTION

What you don't see, you don't need to fix.



Credits: \*UV Rays cause 90% of premature aging. [E.P.A Health Effects of Overexposure. February, 2012]

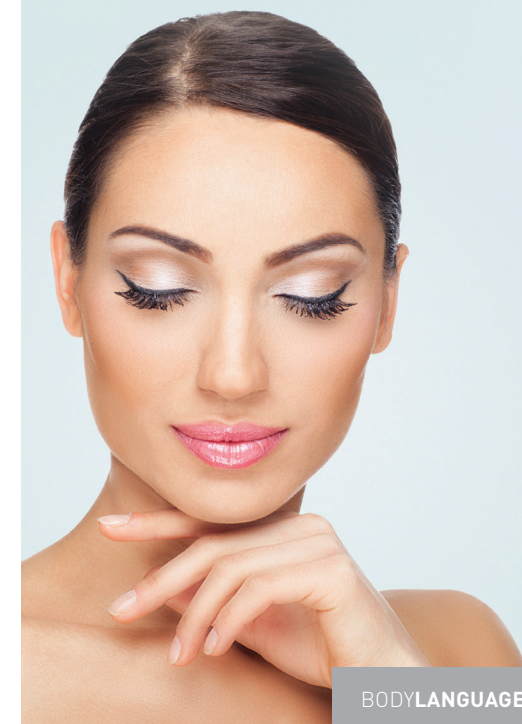


# DID YOU KNOW?

As we age, our eyelash follicles can slow or even stop producing new lashes altogether? The good news is there are some options to help give the appearance of fuller, darker and longer lashes. Try **Latisse®** and pair it with **TEAOXANE® Eyelash Serum**. This ultimate duo is sure to get your lashes looking long, full and beautiful.

## TIPS TO MAINTAINING HEALTHY LOOKING SKIN

- > DON'T GO TO BED WEARING MAKE-UP
- > DON'T PICK AT YOUR FACE
- > DON'T EVER FORGET SUNSCREEN
- > DO DRINK PLENTY OF WATER
- > DO GET PLENTY OF SLEEP
- > DO MAINTAIN HEALTHY EATING HABITS



# 20's beauty at every age giveaway OPEN HOUSE

*Open House*

**THURSDAY, NOV. 5, 2015 FROM 12 P.M. TO 8 P.M.**

When you attend CaloSpa's 14<sup>th</sup> Annual Open House you are eligible to enter to win a skincare regimen fit for you:

**Micropeel  
Black Mask  
Clarifying Cleansing Gel  
Intellishades®  
Intense Eye Repair**

**RSVP by 11/01  
502.899.9982**

Purchase now and enjoy the event later!  
**Open House Pre-Sale starts Monday, November 2<sup>nd</sup>.** You may call or stop in to pre-purchase select items and procedures for the special Open House 20% off sale price.\*

\*Excludes Botox & Dysport



20's

## SURGICAL

Most would agree when you feel attractive, you feel confident, and it's no exception for women in their 20's. To maximize one's self-confidence, most women in their 20s are looking to plastic surgery to enhance their features with procedures like breast augmentation, Brazilian butt lift and lip augmentation.



# Breast AUGMENTATION

**INSIGHT FROM THE DOCTOR**  
Dr. Bradley Calobrace

Breast augmentation is the number one surgical procedure for women aged 19-34\* and this is no surprise to us here at Calobrace & Mizuguchi Plastic Surgery Center. Many young women have a common goal in mind when considering a breast augmentation, to stay looking natural. It's about making the breast "pretty" with improved shape, contour and size respecting each individual's frame, shape, skin quality and breast quality. We have many different shapes, types and sizes of implants which allows Dr. Mizuguchi and myself the ability to "tailor" the implant choice to produce a natural, fuller, more beautiful shape that will complement each patient's unique qualities to ensure a successful outcome for years to come.

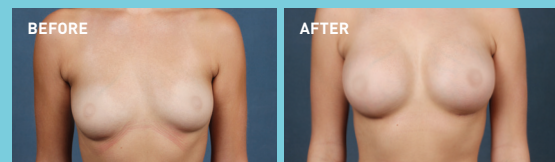
### Leading the Way

We are leading the way in helping advance the quality of breast surgery around the country. Our center hosts "preceptorships" many times throughout the year where a group of Plastic Surgeons come to Louisville to learn from Dr. Calobrace and watch him perform multiple breast surgeries with the newest implants and most advanced techniques. Drs. Calobrace and Mizuguchi hold faculty positions at the University of Louisville and work with the fellows on an ongoing bases to advance their knowledge and techniques in cosmetic surgery.

Dr. Calobrace also holds faculty at the University of Kentucky. He has been honored with the teaching award from the University of Louisville for the last two years. He continues to travel and lecture and educate... Australia, Montreal, and Santa Fe. Upcoming meetings include Boston, Dallas, Toronto and Atlanta. Dr. Calobrace has been honored with an invitation to perform breast surgery live at the Atlanta breast meeting for 300-400 plastic surgeons, sharing his advanced techniques and innovations in cosmetic breast surgery.



Breast Augmentation. Actual C&M Patient.



Sientra Texture Round Breast Augmentation. Actual C&M Patient.

Breast surgery...  
**WHAT YOU MAY NOT KNOW**

**1** Breast implants are safer than ever. New 5<sup>th</sup> generation implants are filled with a silicone that is more stable and cohesive less likely to ever leak into breast tissue, even when completely ruptured.

**2** New advances include the availability of a wide variety of breast implants... round, teardrop shaped, smooth, textured, different projections and widths, different sizes... all to create the "designer breast augmentation" perfectly suited for each person.

**3** Breast lifts have become an important part of many breast enhancements and the results can be amazing. The scarring is minimal and very well tolerated. Dr. Calobrace is known nationally and internationally for his leadership in teaching his techniques in breast lifting with augmentation.

Credits: 2014 Statistics - American Society for Aesthetic Plastic Surgery

# Lip AUGMENTATION



**INSIGHT FROM THE DOCTOR**  
Dr. Nana Mizuguchi

THERE ARE THREE OPTIONS FOR LIP AUGMENTATION:

### Injectable Fillers

Injectable lip augmentation uses products such as **Restylane**® and **Juvederm**®. These products are predictable and reliable. The results are reproducible, safe and temporary. Results can last six months to a year, and most patients need two syringes for optimal results.

### Fat Transfer

Fat is harvested from donor sites such as the stomach or thigh areas using special harvesting tools and is then filtered. This mixture is placed in the lips through tiny puncture incisions. The advantage of fat is it is your own, and readily available. Fat transfer is a surgical procedure but does not require anesthesia (although many will elect to do so). Recovery time is about a week. The results are dramatic while soft and natural.

### Lip Implants

For those of you looking for a more permanent way to enhance your lips, a lip implant is the way to go. Using the top lip implant in the market, PermaLip™ is a silicone implant that provides a natural-looking, long-lasting fullness in the upper and lower lip. The procedure is performed under local anesthesia and is extremely well tolerated. Recovery is quick and results are long lasting. Fillers such as Juvederm® or Restylane® Silk may be used with the implants for those desiring additional volume or greater correction of fine lines around the mouth. We encourage you to schedule a consultation to learn more about the PermaLip implant and see if it is right for you.

### CANDIDATES FOR THE PROCEDURE HAVE:

- Thin lips
- Undefined lip line
- Disproportionate lips



Fat Transfer to the Lips. Actual C&M Patient.

# Brazilian BUTT LIFT

**INSIGHT FROM THE DOCTOR**  
Dr. Nana Mizuguchi

### What to Expect

In a Brazilian butt lift, fat is removed from unwanted areas and replaced in the buttocks to enhance and improve its overall contour. Liposuction is first performed to remove fat, usually from the hips and thighs; this will also enhance your overall body contour. Once the harvested fat is separated from the liquid portion, it is then injected into different areas of the buttocks to ensure a uniform, smooth and natural appearance. How much fat can be replaced depends on how much fat is originally removed. Patients who have liberal amounts of fat distribution prior to surgery can expect to get fuller buttock cheeks if desired. Repeated treatments can enhance your results and is recommended.

### Quick Fact

Buttocks Augmentation procedures have increased in number by 86% from 2013 to 2014!\*\*

Credits: \*\*American Society for Aesthetic Plastic Surgery 2014 Statistics

### CANDIDATES FOR THE PROCEDURE HAVE:

- Flat buttocks
- Sagging buttocks
- Change in buttock's shape due to weight loss



Fat Transfer to Buttocks. Actual C&M Patient.



# 30's WHAT'S HAPPENING

**Formation of Fine Lines and Wrinkles**

**Beginning Signs of Skin Discoloration**

**Rough Patches**

In our 30's we begin to see everything we have done to our skin in our teens and twenties, whether it was good or bad. This is the perfect time to ramp up your aesthetic procedures because it is much easier to correct skin issues before they have had time to advance.

## DID YOU KNOW?

We lose about 1% of collagen each year after the age of 30.\*\*

**30's**  
beauty at every age  
**giveaway**  
OPEN HOUSE

*Open House*

**THURSDAY, NOV. 5, 2015 FROM 12 P.M. TO 8 P.M.**

When you attend CaloSpa's 14<sup>th</sup> Annual Open House you are eligible to enter to win a skincare regimen fit for you:

- Botox® Treatment**
- SkinMedica® Retinol Complex**
- SkinMedica® Facial Cleanser**
- SkinMedica® Superscreen**
- Single Laser Genesis Treatment**

**RSVP by 11/01**  
502.899.9982

Purchase now and enjoy the event later!  
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\*Excludes Botox & Dysport

# 30's THE GOAL Prevention and Correction

## Your Treatment Arsenal

### BOTULINUM TOXIN (BOTOX®/DYSPORT®)

If you haven't started your **Botox® / Dysport®** treatments yet, you need to! Prevent the formation of fine lines and wrinkles with these effective injectable agents when injected into facial muscles blocks nerve impulses and causes temporary muscle relaxation thereby preventing and smoothing out fine lines and wrinkles.

### RETINOLIDS

It's time to introduce Retinoids into your skincare regimen. These potent Vitamin A derivatives are a powerhouse that can speed up cell turnover, boost collagen production, unclog pores to even out discoloration and refine the texture of the skin. Try **Revision® Retinol Complete** or **SkinMedica® Retinol Complex**.



Credits: \*American Society of Plastic Surgery  
\*\*theskincompany.com



### REGULAR EXCEL V LASER GENESIS TREATMENTS

This device is a true gem and great at any age. Unlike harsher laser treatments, this laser is non-ablative and can be used on all skin types. When used for skin rejuvenation, the laser can even out skin tone, smooth out fine lines and wrinkles and minimize pores. The laser penetrates deep into the skin to stimulate the production of collagen and elastin. For optimal results a series of 4-6 treatments are recommended.

### QUICK FACTS

**Excel V™** can also treat unsightly veins and other vascular skin conditions like Periorbital blue veins, Rosacea, and Poikiloderma (frequently seen on the chest or the neck, characterized by red colored pigment on the skin that is commonly associated with sun damage) Patients can see results in 2-6 weeks and number of treatments depends on the severity.



Excel V. Photo Courtesy of Cutera.

# DID YOU KNOW?

Botulinum Toxin has been the **#1** non-surgical procedure in the US since 2000\*. Pair with **Revox®II** to add extra wrinkle fighting power.

CALOSPA IS A CERTIFIED



WALK-IN BOTOX EVERYDAY.





30's

## SURGICAL

For many women, the 30's mark a very rewarding decade. On a personal and professional level most women are busier than ever, maintaining a balance between career, personal life and most important, family. Women go through drastic changes after childbirth, like drooping breasts, excess abdominal skin, stretch marks and other issues with body shape and contour. Postpartum rejuvenation can include multiple procedures like breast lift, tummy tuck, and fat reduction procedures to enhance and regain your pre-baby figure.

# POSTPARTUM Rejuvenation

### INSIGHT FROM THE DOCTOR Dr. Bradley Calobrace

One of the most popular reasons for women seeking cosmetic rejuvenation is to correct many of the changes that occur with pregnancy; known more famously as the "Mommy Makeover." This is extremely popular for women in their thirties and even their forties, but surely women younger and older likewise seek these procedures. Maybe the most common procedure is the tummy tuck, or abdominoplasty, which involves correction of the changes that occur with pregnancy including excess skin, stretch marks, stretched-out muscle, unwanted fatty deposits, and sometimes, even residual umbilical hernias. This leaves the abdomen aesthetically unappealing. There is no doubt with all the joy that comes from pregnancy, the scars and mars that are left behind can be less joyful. Surely the mommy make-over allows women to restore their abdomens back to being aesthetically beautiful, giving them back the confidence to tuck those shirts back in, or wear a sexy bathing suit.

Another very popular procedure is breast rejuvenation, which can include either a breast augmentation, a breast lift, or often both a breast augmentation with a breast lift. This is known as an augmentation mastopexy. Augmentation mastopexy is near and dear to my heart as I have lectured nationally and internationally on this subject matter, and have published on this subject matter extensively in 2014.

continued on pg. 17



Breast Augmentation and Tummy Tuck. Actual C&M Patient.



I have personally performed over 150 breast lifts, which approximately two-thirds of those include a breast implant placement with the breast lift. The scars, although worrisome to women prior to surgery, are relatively a non-issue postoperatively. The scars that have been performed in our center generally turn out to be aesthetically a non-issue, healing beautifully, and leaving the patient with the shape and look of the breasts they have always desired. Many times the breasts are significantly improved, and even better than they were prior to pregnancy. When patients have just loss of volume and not significant amounts of droop, the breast augmentation itself is adequate to rejuvenate the breasts completely without the need for a breast lift.

Often, with the mommy make-over, liposuction of the muffin top can be appropriate. Sometimes liposuction of the back, arms or sometimes even in the chin area is given to improve overall contours. Spider veins which commonly are worsened during pregnancy are treated with our **Excel V™** Laser, as a non-surgical procedure. Our new **INFINI®** device shows promise in the improvement of the softening of stretch marks.

Thus, we invite all of those mothers who have been pregnant and desire improvement in the changes, to come to our center for a consultation with either Dr. Brad Calobrace or Dr. Nana Mizuguchi, and see what possibilities may be in the future.



Breast Lift and Augmentation. Actual C&M Patient.

Breast Augmentation / Breast Lift with Sientra Textured, Shaped, Silicon.

Tummy Tuck. Actual C&M Patient.

Tummy Tuck. Actual C&M Patient.

## NON-SURGICAL

# THERMiVa™

### INSIGHT FROM THE DOCTOR Dr. Nana Muzuguchi

**ThermiRF™** is an advanced radio frequency generator that creates thermal energy and has many clinical applications (ThermiTight, ThermiRase, ThermiSmooth) for aesthetic practices like Calobrace & Mizuguchi PSC. Precise temperature control of the skin both internally and externally allows for optimum collagen contraction and production of new collagen. Radio frequency keeps the epidermal melanin intact and therefore can be used for patients of all skin types and without pre-treatment of the skin prior to the procedure.

**ThermiVa™** is the latest addition to the use of topically applied radiofrequency to treat a variety of vulvovaginal dysfunction. **ThermiVa™** is a non-surgical topical procedure that delivers temperature controlled heat to the tissues for labial and vaginal tightening. The therapeutic benefit of radiofrequency to muscular tissue healing has been known for decades. **ThermiVa™** has been found to be effective in helping reduce vaginal dryness and atrophy, reducing urinary leakage, and helping improve symptoms or orgasmic dysfunction. In addition, **ThermiVa™** can help to tighten labial tissue to decrease fullness and produce softer and smoother skin.

**ThermiVa™** treatment lasts about 30 minutes and has no downtime or delay in sexual activity. This is a non-ablative and non-surgical procedure and no anesthesia is required. Most patients will require three treatments and the effects will last 9-12 months. Maintenance therapies are available.





# NON-SURGICAL FOR ANY AGE

Non-surgical Body Contouring Procedures are popular procedures for women of any age. These procedures are also a great alternative for patients not wanting to have surgery and for those who have mild-to-moderate problems. CaloSpa offers an array of non-surgical procedures to ensure we can meet the needs of each patient.



**OPTIMAL AREAS TO TREAT:**  
**ABDOMEN**    **BACK FAT**  
**BANANA ROLL**    **FLANKS**

CoolSculpting® uses cooling to eradicate fat cells in a non-invasive, non-surgical procedure. Great for reducing bulges and “pinchable” fat without skin laxity issues. Patients can typically see 20% - 25% reductions in fat when the recommended two treatments are performed.



Back Treated with Non-Surgical truSculpt. Abdominals Treated with Non-Surgical CoolSculpt. Actual CaloSpa Patient.



Abdominals Treated with Non-Surgical CoolSculpt. Actual CaloSpa Patient.



**OPTIMAL AREAS TO TREAT:**  
**INNER THIGHS**    **ARMS**  
**OUTER THIGHS**    **NECK**

truSculpt™ uses Radio Frequency heat to eradicate fat cells. Like CoolSculpting, the results are permanent and treatments are non-invasive and non-surgical. truSculpt™ is best for small to moderate areas of fat and areas that are prone to cellulite. It is great for reducing bulges and tightening the skin. Three treatments are recommended for optimal results, and most patients are likely to see anywhere from 20% - 30% reduction in fat.

## QUICK FACTS: FAT REDUCTION IS NOT THE SAME AS WEIGHT LOSS!

The misconception that weight loss and fat reduction are the same is very common, but don't be fooled. They are in fact very different.

- ▶ **Fat Reduction** = Reducing the NUMBER of fat cells that are in a particular part of the body being treated.
- ▶ **Weight Loss** = Reducing the SIZE of the fat cells in the body but maintaining the same amount of fat cells.



**ThermiSmooth™ Facial**  
**OPTIMAL AREAS TO TREAT:**  
**EYELID**    **CHEEK REGION**  
**NECK**    **PERIORAL AREA**

**ThermiSmooth™ Body**  
**OPTIMAL AREAS TO TREAT:**  
**INNER/OUTER**    **AXILLA**  
**THIGHS**    **ABDOMEN**



ThermiSmooth Body. Photo Courtesy of Thermi.

ThermiSmooth™ delivers radio frequency energy topically to treat mild skin laxity, wrinkles, cellulite and excess fat. The handheld device will raise your skin temperature to about 45 degrees centigrade. Once your collagen reaches this temperature, it shrinks. This shrinking effect will naturally cause the skin to tighten and smooth out, leaving you with naturally beautiful results. “The procedure has no discomfort or downtime and is described by most patients as a relaxing, warm massage”, states Dr. Mizuguchi. Multiple treatments are required to achieve optimal results and treatments will be scheduled 3-4 weeks apart.

## DON'T KNOW WHICH TREATMENT IS BEST FOR YOU?

Let the experts at CaloSpa help. Call to schedule your complimentary non-invasive body contouring consult today.

502.814.3000

# MICRO NEEDLING

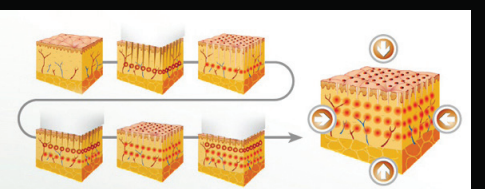
# INFINI LASER



## INSIGHT FROM THE DOCTOR Dr. Bradley Calobrace

INFINI MAY BE THE MOST IMPORTANT SKIN TIGHTENING, WRINKLE REDUCING PROCEDURE WE HAVE SEEN IN PLASTIC SURGERY. IT COMBINES THE WELL-KNOWN PROCEDURES OF RF SKIN TIGHTENING WITH MICRONEEDLING... BOTH GREAT PROCEDURES ALONE. BUT... AMAZING WHEN PLACED TOGETHER AS A DUAL PROCEDURE.

This is a new dimension in radiofrequency (RF) technology used to address sagging skin, wrinkles and changes in skin texture. It uses a 3-dimensional approach of delivering RF energy to create tissue volumization. The INFINI hand piece contains 49 microscopic needles that are deployed through the skin's surface. Once deployed, the INFINI micro needle tips conduct radiofrequency energy into predetermined depths of the dermis, a huge advantage over traditional microneedling devices.



## HOW DOES INFINI WORK?

INFINI combines fractional radiofrequency technology with microneedling. As opposed to other radiofrequency platforms that treat the skin from the outside in, INFINI uses flow needle technology to deliver RF where it needs to be – the dermis. By delivering heat energy from RF to the dermis, INFINI encourages collagen growth and tissue tightening precisely at predetermined depths in the skin.

The result is little to no downtime, nearly painless procedure that can greatly improve wrinkling, scars and skin laxity.

## WHAT SKIN CONDITIONS CAN BE TREATED WITH INFINI?

Skin laxity and wrinkles are commonly treated with INFINI to achieve tissue tightening, collagen formation, revolumization of tissues and improvement of skin texture. INFINI RF technology is a helpful treatment not only for improving wrinkles and skin tightening, but also for scar remodeling. Traumatic scars and acne scars respond well to a series of INFINI treatments. The face is the most common area of treatment, in order to correct wrinkles, scars or skin texture. However, neck aging and skin crepiness of the neck respond well to INFINI treatment. Vertical wrinkles of the décolletage area may be treated with INFINI for chest rejuvenation.

Typically two to four treatments are recommended. INFINI treatments are typically spaced approximately 4 weeks apart.

INFINI is approved for treatment in all skin types, and it is ideal for Hispanic, Asian and African American patients. Unlike many laser and light technologies, INFINI is a much safer technology to use on tanned skin. The skin is mildly red for approximately 24 hours. The skin may feel slightly rough like sandpaper for 2-3 days. Many patients can resume their normal routine within a day.



Infiniti Treatment for Skin Tightening. Courtesy of Matteo Clementoni, MD, Italy.



Infiniti Treatment Acne Scarring. Courtesy of Swapnil Shah Solapur, MD, India.

CALOSPA AND DRS. CALOBRACE AND MIZUGUCHI ARE THE FIRST TO OFFER INFINI TREATMENTS IN KENTUCKY





# 40's WHAT'S HAPPENING

## Thinning Hair

## Hollowing in the Cheeks and Around the Eyes

## Thinning of the Skin

In your 40's you should really kick-up the anti-aging regimen. In fact, some research suggests that 80% of your skincare alone should be dedicated to anti-aging.\* When you are in your 40's more rapid breakdown of collagen and elastin begin and the formation of those fine lines turn into deeper wrinkles and folds. Making sure you activate and replenish your collagen will be your #1 goal in the fight against aging.

**What is collagen?**  
Collagen is a protein that helps the skin retain its fullness and elasticity. It is a crucial building block for maintaining a youthful appearance.



# 40's THE GOAL Replenish and Activate

## Your Treatment Arsenal

**INJECTABLE FILLERS**  
Second in popularity to treatments like Botox® and Dysport®, injectable fillers add volume, can fill in lines and wrinkles and offer subtle lift. Injectable filler results can offer beautiful, natural results that can last up to two years. Try Juvederm® Voluma®, Restylane® or Sculptra Aesthetic®.



Injectable fillers pair perfectly with **TEOXANE RHA™ Serum – RHA™** or **Resilient Hyaluronic Acid** that help reactivate our skin's natural means of deep dermal cell regeneration. This powerful product also includes a combination of enhanced antioxidants to protect your skin from free radicals. It is your topical Hyaluronic Acid that comprises many injectable fillers today.



CALOSPA FAVORITE  
Epidermal Growth Serum

**REJUVAPEN TREATMENTS**  
Also known as microneedling, has been shown to increase the remodeling of the skin by creating thousands of microscopic channels in the skin, to increase the formation of new tissue. A series of 3-6 treatments, scheduled 2-4 weeks apart, are typically recommended but for more severe conditions additional treatments and maintenance may be required.

- Improve**
- Collagen Production
  - Acne Scarring
  - Stretchmarks
  - Skin Tone
  - Oiliness
  - Skin Texture
  - Fine Lines

**GROWTH FACTORS**  
Growth factors are essential proteins that regulate and promote cellular growth. For aging skin, growth factors play a very important role in maintaining healthy skin function and structure.

- Benefits of Growth Factors**
- Reduces the Appearance of Fine Lines and Wrinkles
  - Even Out Pigmentation and Improve the Appearance of Age Spots
  - Reduces Skin Roughness
  - Improve Skin Texture and Elasticity
  - Improve Skin Tightness

Credits: \*totalbeauty.com CaloSpa Favorite

# NEOGRAFT® HAIR RESTORATION

## DID YOU KNOW?

Hair loss, while often seen as an issue for men, is also a common concern for women. In fact, some studies indicate that 40% of all hair loss sufferers are women.

With NeoGraft®, Calobrace & Mizuguchi PSC can offer not only men but also women as minimally-invasive, scarless hair transplantation procedure. During the NeoGraft® procedure, hair is removed from a donor site (typically from the back of the head) in an automated process that is less traumatic than traditional harvesting techniques. Hair that has been harvested is then transplanted as follicular units for a truly natural look. Over the last few years we have seen an overwhelming positive response with the NeoGraft® hair restoration system.



Photo Courtesy of E. Ronald Finger, M.D., Hair Restoration Savannah

# 40's beauty at every age giveaway OPEN HOUSE

*Open House* THURSDAY, NOV. 5, 2015 FROM 12 P.M. TO 8 P.M.

When you attend CaloSpa's 14<sup>th</sup> Annual Open House you are eligible to enter to win a skincare regimen fit for you:

- Injectable Filler 2 syringes
- Single Rejuvagen™ Treatment
- Alphaeon Beauty™ Epidermal Growth Serum
- Intellishades® Vitamin C Lotion

**RSVP by 11/01**  
502.899.9982

Purchase now and enjoy the event later!  
**Open House Pre-Sale starts Monday, November 2<sup>nd</sup>.** You may call or stop in to pre-purchase select items and procedures for the special Open House 20% off sale price.\*

\*Excludes Botox & Dysport



40's

# SURGICAL

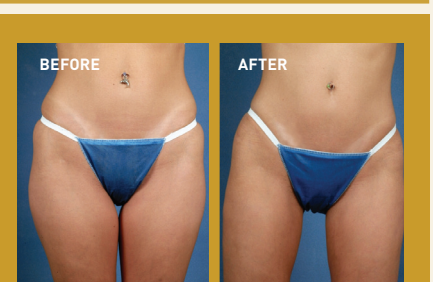
The main area of focus for women in their 40's is often the eye and brow region of the face, as well as the increasing pockets of fat on different areas of the body. Hormonal changes are a big contributing factor to our aging progression. Loss of essential volume in the face and slower metabolism make it more difficult to maintain an overall youthful look. Surgical procedures like blepharoplasty (eyelid) and brow lift are among the most popular for facial rejuvenation, and for fat reduction, liposuction tops the list for body contouring surgical procedures.



## THE PINNACLE FOR BODY CONTOURING: *Liposuction*

### INSIGHT FROM THE DOCTOR Dr. Bradley Calobrace

Sometimes age and gravity can leave the body in an undesirable state and a lot of women experience unsightly fat deposits, particularly around their hips and thighs. To regain and resculpt the body you once had, we recommend liposuction. The newest and most advanced liposuction techniques add laser energy and heat to the unwanted fat and loose skin to help "SCULPT" and "TIGHTEN." LIPOLITE involves lasering the fat and skin from the inside along with the liposculpting. The laser HEATING promotes melting of the fat while simultaneously firming the overlying skin to achieve an improved final result. ULTRASONIC LIPOSUCTION heats up the overlying skin as well, to give a more gentle removal of fat with mild skin tightening. These two advanced techniques are often combined to deliver dramatic results with limited recovery. Most patients can return to normal daily activities in a few days.



Outer and Inner Thigh Liposuction. Actual C&M Patient.



Abdominal Liposuction. Actual C&M Patient.



Outer and Inner Thigh Liposuction. Actual C&M Patient.

## THERMiRase™

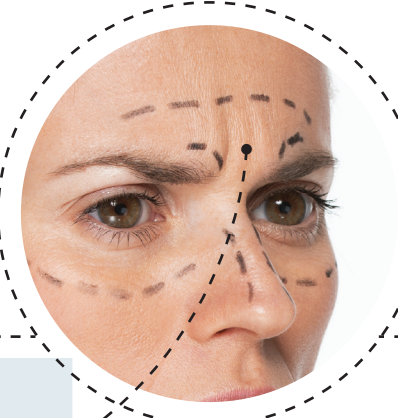
### INSIGHT FROM THE DOCTOR Dr. Nana Mizuguchi

ThermiRase™ has a clinical effect similar to neurotoxin (Botox®/Dysport®) for the treatment of the lines between your eyebrows (glabellar). This procedure is great for neurotoxin resistant patients or patients looking for longer-lasting results. ThermiRase™ requires local anesthesia. A small probe is passed just under the skin to deliver heat to the targeted areas. Temperature is monitored both internally and externally to deliver the appropriate and safe energy. There is some swelling, but recovery is mostly non-limiting and treatments may last up to two years. ThermiRase™ is a great treatment in combination to your eyelid surgery for an overall youthful and rested look.



ThermiRase. Photo Courtesy of Thermi.

# EYELID *Rejuvenation*



### INSIGHT FROM THE DOCTOR Dr. Bradley Calobrace

Isn't it true that the eyes in many ways represent the "windows to the soul?" I have always found that being a Plastic Surgeon, the first thing I notice in each of my clients is their eyes. So often the eyes appear tired, or the client looking back at me looks angry. [Fortunately this is before surgery, and not after surgery – ha, ha, ha].

I think many of the changes in the eyes are genetic. Our patients are predestined to have either bags under their eyes, or droopy eyebrows, as well as tired look to the eyes. Eyelid surgery and brow surgery can be an effective and minimally painful way to make huge changes in the appearance of restfulness to the face. I personally had my eyes done when I was forty-nine years old. I saw significant improvement in the alertness and eye openness when I looked in the mirror at myself. The choices usually include the endoscopic brow lift for some patients to re-elevate and rejuvenate the eyebrows, which includes only small incisions of the hair bearing region of the scalp, with no scars on the eyelids. Additionally, upper blepharoplasty and lower blepharoplasty include the removal of unwanted skin, sometimes unwanted

fat pockets and improvement in the wrinkles around the eyes. There is generally no pain postoperatively with the eyelid surgery. Most patients are back to work in less than a week with full recovery, and full results seen a few months later.

Chemical peels, or one of the laser treatment options are often used in adjunct to eyelid surgery. Likewise toxins and fillers such as Restylane can significantly improve the appearance of the lower eyelids and tear trough area, as well as the tear trough area and bags under the eye prior to someone proceeding with surgery.

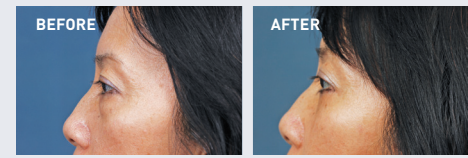
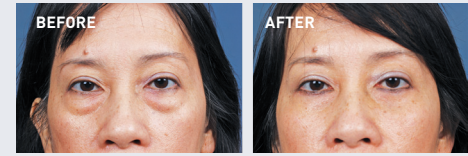
In addition, there are some new laser options including the Infini microneedling, and radio-frequency devices that may provide significant improvement in eyelids. All of my clients are seeing significant changes in the appearance of their eyelids. For any client who would like to look more refreshed and rested, but feel the eyes looking back at them are always looking tired and aged, I can personally recommend eyelid surgery as an excellent option to see improvement that generally lasts a life time.



Blepharoplasty. Actual C&M Patient.



Blepharoplasty and Fat Transfer. Actual C&M Patient.



Blepharoplasty and Fat Transfer. Actual C&M Patient.



50's

## WHAT'S HAPPENING

Patches of Pigmentation – Age Spots

Loose, Saggy Skin

Dehydration

Gravity and sun exposure are your worst enemies at this point, and their effects are much more obvious. Wrinkles set in as permanent fixtures and your estrogen levels are fluctuating, contributing to major skin changes. The changes in your hormones cause the skin's fat and collagen layers to shrink, and it fails to regenerate, leading to loose and sagging skin.

Sun damage will also be at its most prevalent state. You can also start to experience severe loss in moisture. The skincare regime you have progressively established over the past three decades, along with treatments such as Botox®/Dysport®, injectable fillers and the medispa facial and/or laser treatments will need to be performed on a regular basis as maintenance. It is in your 50s and beyond that your main skincare focus will be to maintain and redefine.



50's

## THE GOAL Maintain and Redefine

### Your Treatment Arsenal

#### MOISTURE REPAIR SERUMS

To maintain moisture without leaving the skin feeling greasy, you will want to try **REVISION® Hydrating Serum** or **Alphaeon Epidermal Serum**.

Each of these highly concentrated anti-aging serums can be used alone or placed under your daily moisturizing lotion like Dermal Repair or Alphaeon Derma TriPlex for added hydration.

#### REDEFINE WITH INFINI

Treat the sagging and excess skin along the jaw line and under the chin. The combination of microneedling and RF energy stimulates the body's natural collagen and healing processes, without the downtime of more invasive procedures.

#### TREATING SUN DAMAGE WITH LASERS

The most advanced lasers used to treat photodamaged tissue are the **PicoSure™** and the **Spectra™ Lasers**. Usually done in a series of 4-6 treatments, especially for darker, deeper and larger pigmented lesions, clients can reduce the appearance of sun damage/age spots, improve skin texture and laxity.

To maintain results pair your laser treatments with non-Hydroquinone skin brightener **ZO® Brightenex**.



Photo Courtesy of Lutronic.



## DID YOU KNOW?

We have both PicoSure™ and Spectra™ Lasers used for tattoo removal! Delivering powerful picosecond wave pulses, the PicoSure Laser shatters ink and skin discoloration into minute particles resulting in the removal of unwanted tattoos in fewer treatments with less of a halo effect. The new Spectra laser uses five different wave lengths and was developed to allow the treatment of all ink colors, especially red. Treating red ink completely was not available with the previous edition of the PicoSure Laser. Thus, for any of you who have any residual black, grey or green color, in addition to the hard to remove red and yellow inks, our new Spectra Laser should provide you with a significant improvement and clearer tattoo removal result.



Spectra Before and After. Photo Courtesy of Cynosure, Inc.



Picosure Before and After Post 3 TX. Photo Courtesy of Cynosure, Inc.

# 50's

beauty at every age  
**giveaway**  
OPEN HOUSE

*Open House*

**THURSDAY, NOV. 5, 2015 FROM 12 P.M. TO 8 P.M.**

When you attend CaloSpa's 14<sup>th</sup> Annual Open House you are eligible to enter to win a skincare regimen fit for you:

**Brightenex**  
**TEOXANE® Hydrating Serum**  
**truScrupt™ Treatment**  
**Nectifirm Skincare Product**  
**SkinMedica® Superscreen**

**RSVP by 11/01**  
502.899.9982

Purchase now and enjoy the event later!  
**Open House Pre-Sale starts Monday, November 2<sup>nd</sup>.** You may call or stop in to pre-purchase select items and procedures for the special Open House 20% off sale price.\*

\*Excludes Botox & Dysport



50's

# SURGICAL

Aging gracefully is a common goal among women reaching 50+ years in age. It's no longer about looking like a twenty or thirty year old, it's about looking your very best at your current age and maintaining a more youthful appearance for years to come. The biggest concerns we hear about are issues related to the aging face, sagging skin, deep folds and wrinkles, loss of volume, and drooping neck and jowls. The most sought out procedures for the more mature patient are face lift and neck lift.

## FACIAL REJUVENATION: FACE LIFT AND NECK LIFT

### INSIGHT FROM THE DOCTOR Dr. Bradley Calobrace

As clients enter their forties and fifties, many are noticing the significant changes including sagging in the neck and jowls, as well as loss of volume in the cheeks with a deepening of the nasolabial folds along the corners of the mouth. I generally believe facial aging really includes three things: changes in aging of the skin with issues like wrinkles, thinning and dryness. Secondly, loss of volume in the face, especially in the midface, cheek and lower eyelid region. Thirdly, as aging proceeds we're seeing sagging of the skin and underlying tissue. So when I see one of my clients, I am looking to see which of those three elements, or if all three of those elements need to be addressed with surgery. For the skin we treat this with good skincare, as well as

continued on pg. 27

continued from pg. 26

some laser treatments, some non-surgical and some surgical, such as the Infini or the Fraxel Laser. For the loss of volume we begin by adding fillers such as Restylane®, Restylane Lyft®, Juvederm®, Voluma®, Radiesse®, and Sculptra®. These fillers are used for collagen stimulation to improve the global volume of the face. The volume must be restored in the face to really get a natural look post any surgical facial procedure.

Many patients actually do have sagging of the soft tissue as well, especially the neck area. The neck needs to be addressed, usually surgically, with either a neck lift, or a Calolift which is a mini face lift, or even a lower face lift; this includes the neck and the lower face and jowl region. When performing the face lift or neck lift procedure, fat grafting to the face is usually the preferred choice as this uses the patient's own tissue. It will last much longer than the non-surgical fillers do. Today, I rarely ever do a face lift without adding some fat grafting to restore volume. Remember, volume must be restored in the face to really get a natural look post any surgical facial procedure.

For each of you as you think about the changes you see in your face and aging, think about whether it is your skin, your volume, or some sagging present, and this will help you to figure out what procedures might be appropriate. Hopefully, when you are ready, this leads you to our center where we can guide you and provide you the best treatment options, so you can achieve your best look and put your best face forward for many years to come.

### BEFORE & AFTERS OF ACTUAL CALOBRACE PATIENTS:



Face Lift, Neck Lift, Quad Bleph with fat transfer to cheeks. Actual C&M Patient.



Face and Neck Lift. Actual C&M Patient.

"Achieve your best look and put your best face forward for many years to come."

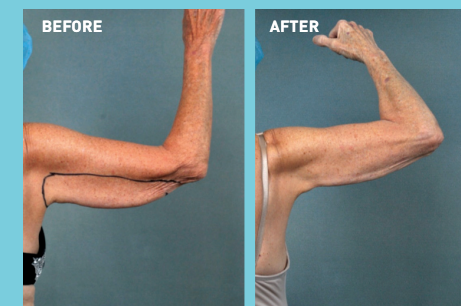
## THERMiTight™



### MELT FAT & TIGHTEN SKIN

### INSIGHT FROM THE DOCTOR Dr. Nana Mizuguchi

"ThermiTight™ is a procedure that is often combined with liposuction and can be used virtually anywhere on the body, but primarily for the neck and arms. The liposuction helps to remove fat to improve contour and the radio frequency, from the ThermiTight™ treatment, melts the fat and tightens the skin. The combination of liposuction and precise temperature delivery of the ThermiTight™ treatment helps to maximize the results for the treated areas. A single treatment is usually adequate and is a perfect treatment in combination with the neck lift procedure."



ThermiTight Underarm. Photo Courtesy of Thermi.



ThermiTight Neck. Photo Courtesy of Thermi.





PRSRT STD  
U.S. POSTAGE  
**PAID**  
LOUISVILLE, KY  
PERMIT 879

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## SPA INFO

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www.calospa.com | info@calospa.com



## FINANCING

We accept Visa, MasterCard, American Express and Discover. Financing options are also available through Alphaeon Credit, Care Credit and BB&T. **Call us at 502.899.9979** for more information or pre-approval.

## WEEKEND HOURS

For your convenience, our Medical Spa is open **Saturdays and evenings.**

## HOURS OF OPERATION

Monday • 9 a.m. – 5 p.m.

Tuesday – Thursday • 9 a.m. – 7 p.m.

Friday • 9 a.m. – 6 p.m.

Saturday • 9 a.m. – 4 p.m.

## LEXINGTON LOCATION

824 Euclid Ave., Suite A100  
Lexington, KY 40502

Main • 859.269.2256

# Open House

Thursday, Nov. 5, 2015 12 p.m. to 8 p.m.  
Pre-Sale starts Monday, Nov. 2nd.

**RSVP by 11/01**  
502.899.9982

**Purchasing all your favorite CaloSpa products and services just got easier with CaloSpa Pre-Sale and Express Checkout.**

### CaloSpa Pre-Sale

*Purchase now and enjoy the event later. CaloSpa pre-sale starts Monday, November 2nd. Can't make the Open House Event. Just call in and place your Open House order.*

#### How it works:

- Just call (502.814.3000) or stop in and to pre-purchase all your CaloSpa favorites at the special Open House discount price.
- Choose product pick up or shipping\*. You can either choose to pick your products up or we can ship them to you.

\*\$5 shipping and handling fee added.

### Express Checkout – No waiting in line!

*Come and enjoy our Open House event and purchase all of your favorite products and services without having to wait in line!*

#### How it works:

- Determine what products and services you would like to purchase from your Open House Menu. (Open House menus will be distributed at Open House)
- Check off your selections.
- Fill out the payment information at the bottom portion of your Open House Menu.
- Choose product pickup or shipping\*. All products will be available to pick up within 5-7 business days.
- Drop your order form off at designated Express checkout locations.

