

# Chester “Chet” Joseph Ivan Mays

CaloAesthetics Plastic Surgery Center

CaloSpa

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@drchetmays

## EDUCATION

- 2013-2016            **University of Rochester Division of Plastic Surgery**  
Plastic Surgery Resident
- 2011-2013            **University of Rochester Department of Surgery**  
General Surgery Resident
- 2010-2011            **University of Rochester Department of Surgery**  
General Surgery Internship
- 2006-2010            **University of Louisville School of Medicine**  
M.D., *cum laude*
- 2001-2005            **University of Louisville**  
B.A., Biology, *summa cum laude*

## Board Certification:

2017-present    American Board of Plastic Surgery

## Licensure:

2015-present    Kentucky Board of Medical Licensure

## Professional Societies:

- 2019-present    Kentucky Society of Plastic Surgeons  
2017-present    American Society of Plastic Surgeons  
2018-present    Southeastern Society of Plastic Reconstructive Surgeons  
2018-present    American Society for Aesthetic Plastic Surgery

## Surgical Center and Hospital Affiliations:

CaloAesthetics Plastic Surgery center  
2341 Lime Kiln Lane  
Louisville, Kentucky

Jewish Medical Center East  
3920 Dutchmans Lane  
Louisville, Ky 40207

### **Teaching Affiliations:**

Gratis Clinical Faculty Member,  
Division of Plastic and Reconstructive Surgery,  
Department of Surgery, University of Louisville,  
Louisville, Kentucky

Co-Director CaloAesthetics Aesthetic Surgery Fellowship  
ASAPS endorsed, one-year term, post PS-residency

### **Certifications:**

Real Self Top Doc  
New Beauty Top Beauty Doctor  
Expert Injector  
Advance Cardiac Life Support  
Certified BioTE provider

### **Editor affiliations:**

**Contributing Editor**, Aesthetic Surgery Journal, The American Society for  
Aesthetic Plastic Surgery.

**Contributing Editor**, The Plastic Surgery Channel

## **EDUCATIONAL HONORS AND AWARDS**

**40 under 40, Louisville Business First**

**Kentucky Colonel, Honorable Order of Kentucky Colonels**

**Administrative Chief Resident**, Division of Plastic Surgery, University of  
Rochester.

**Resident Top Gun Award for highest In-service score, Division of Plastic  
Surgery, University of Rochester**

**Alpha Omega Alpha Honor Medical Society**, School of Medicine

**Gold Humanism Honor Society**, School of Medicine

**Mortar Board National College Senior Honor Society,**  
University of Louisville  
**Woodcock Society,** University of Louisville  
**Phi Kappa Phi Honor Society,** University of Louisville  
**Alpha Epsilon Delta Pre-Health Honor Society,** University of Louisville  
**Dean's Scholar,** University of Louisville  
**Golden Key International Honor Society,** University of Louisville  
**Phi Eta Sigma Honor Society,** University of Louisville

### **Corporate Teaching and Consultant affiliations:**

Galatea: Speaker (present)  
Sientra: Speaker and Key Opinion Leader (present)  
Evolus: Speaker (present)

## **RESEARCH AND PUBLICATIONS**

### **Textbook**

2020 Breast Augmentation and Mastopexy. Calobrace MD, Kortesis MD, Bharti MD, Mays MD. Springer. *In press*

### **Manuscripts**

2020 Calobrace MB, **Mays C.** Explantation and what to do with the capsule. Clinics in Plastic Surgery. Breast Augmentation. Bradley Bengston. *In press*

2020 **Mays C,** Calobrace MB. Chapter 4: Breast Augmentation for Early Ptosis. Breast Augmentation and Mastopexy. Calobrace MD, Kortesis MD, Bharti MD, Mays MD. Springer. *In press*

2020 Calobrace MB, **Mays C.** Chapter 5: Preoperative Assessment in Augmentation Mastopexy. Breast Augmentation and Mastopexy. Calobrace MD, Kortesis MD, Bharti MD, Mays MD. Springer. *In press*

2020 Calobrace MB, **Mays C.** Chapter 6: Technique in Simultaneous Augmentation Mastopexy. Breast Augmentation and Mastopexy. Calobrace MD, Kortesis MD, Bharti MD, Mays MD. Springer. *In press*

2020 Calobrace MB, Moore E, **Mays C.** Chapter 7: Two-Stage Augmentation Mastopexy. Breast Augmentation and Mastopexy. Calobrace MD, Kortesis MD, Bharti MD, Mays MD. Springer. *In press*

- 2020 Calobrace MB, Bucky LP, **Mays C**, Smart JM. Chapter 11: Tuberos Breast Correction. Breast Augmentation and Mastopexy. Calobrace MD, Kortesis MD, Bharti MD, Mays MD. Springer. *In press*
- 2020 Calobrace MB, Tanna N, **Mays C**. Chapter 14: An Algorithm for the Management of Explantation Surgery. Breast Augmentation and Mastopexy. Calobrace MD, Kortesis MD, Bharti MD, Mays MD. Springer. *In press*
- 2020 Calobrace MD, **Mays C**. Chapter 16: Mastopexy with Auto-augmentation. Breast Augmentation and Mastopexy. Calobrace MD, Kortesis MD, Bharti MD, Mays MD. Springer. *In press*
- 2020 Calobrace MB, **Mays C**. Mastopexy and Augmentation Mammoplasty chapter. Tips and Tricks in Plastic Surgery, edited by Seth R. Thaller and Zubin Panthaki. Springer. *In press*
- 2020 Calobrace MB, **Mays C**. Mastopexy with Auto-augmentation and fat grafting. Plastic and Aesthetic Regenerative Surgery and Fat Grafting: Clinical Application and Operative Techniques. Springer. *In press*
- 2020 Calobrace MB, **Mays C**, Wilson R, Wermeling R. Popcorn Capsulorrhaphy in Revision Aesthetic Breast Surgery. Aesthetic Surgery Journal. Vol 40 (1) 63-74. 2020
- 2019 Calobrace MB, **Mays C**. Inframammary approach to Augmentation: Chapter 111. Spear's Surgery of the Breast: Principles and Art, 4th edition, edited by Drs. Allen Gabriel, Maurice Y. Nahabedian, Toni Storm-Dickerson, G. Patrick Maxwell. Wolters Kluwer Health. *In press*
- 2019 Calobrace MB, **Mays C**. Management of Recurrent Ptosis Following Augmentation Mastopexy: Chapter 123. Spear's Surgery of the Breast: Principles and Art, 4th edition, edited by Drs. Allen Gabriel, Maurice Y. Nahabedian, Toni Storm-Dickerson, G. Patrick Maxwell. Wolters Kluwer Health. *In press*
- 2019 Calobrace MB, **Mays C**. Shaping the Breast in Augmentation Mastopexy. Shaping the Breast: A Comprehensive Approach in Primary Augmentation, Revision Augmentation, and Reconstructive Breast Surgery Kiya Movassaghi MD. Springer text. *In press*.
- 2019 **Mays C**, Calobrace MB. Breast Augmentation: Subglandular, subfascial, and submuscular implant. Operative Techniques in Breast Surgery: Chapter 2 Plastic Surgery of the Breast. Disa MD, Chung MD. Wolters Kluwer, Inc.
- 2019 **Mays C**, Calobrace MB. Breast Augmentation: Subglandular, subfascial, and submuscular implant. Operative Techniques in Breast Surgery, Trunk

Reconstruction and Body Contouring: Chapter 2 Plastic Surgery of the Breast. Disa MD, Chung MD. Wolters Kluwer, Inc.

- 2018 Calobrace MB, **Mays C**, Wilson R, Wermeling R. Popcorn Capsulorrhaphy in Revision Aesthetic Breast Surgery. *Aesthetic Surgery Journal*. Early online release. December 2018
- 2018 Calobrace MB and **Mays C**. Revision Breast Augmentation (Capsular Contracture). *Atlas of Aesthetic Breast Surgery* title, edited by Lee L. Q. Pu and Mark L. Jewell. (In press)
- 2018 Calobrace MB and **Mays C**. Mastopexy – Inverted “T” Approach. *Atlas of Aesthetic Breast Surgery*, edited by Lee L. Q. Pu and Mark L. Jewell. (in press)
- 2013 Koltz PF, Wasicek P, **Mays C**, Bell DE. An Unsuspecting Cause of Meal-Time Morbidity: Instant Noodle Scald Burns. *J Burn Care Res*. 2013 July/Aug; 34 (4).
- 2012 Koltz PF, Wasicek P, **Mays C**, Bloom J, Giroto JA. Growth trajectory of children and adolescents with isolated cleft lip and/or palate through the first two decades of life. *Int J Oral Maxillofac Surg*. 2012 Oct; 41 (10):1244-7.
- 2012 The University of Rochester Medical Center, **Peri-FACTS** Education Program (2012). Article: [Burn Management in Pregnancy](#), Case #976. Rochester, NY: The University of Rochester.
- 2010 Sbitany H, Koltz PF, **Mays C**, Giroto JA, Langstein HN. CT contrast extravasation in the upper extremity: Strategies for management. *Int J Surg*. 2010 Jun 10.
- 2010 **Mays CJ**, Steeg KV, Chowdhry S, Seligson D, Wilhelmi BJ. Wrist joint reconstruction with a vascularized fibula free flap following giant cell tumor excision in the distal radius. *Eplasty*. 2010 May 22;10:e38
- 2009 Matheson PJ, **Mays CJ**, Hurt RT, Zakaria ER, Richardson DJ, Garrison RN. Modulation of mesenteric lymph flow and composition by direct peritoneal resuscitation from hemorrhagic shock. *Arch Surg*. 2009 Jul;144(7):625-34.
- 2008 Zakaria el R, **Mays CJ**, Matheson PJ, Hurt RT, Garrison RN. Plasma appearance rate of intraperitoneal macromolecular tracer underestimates peritoneal lymph flow. *Adv Perit Dial*. 2008;24:16-21.

## Abstracts

- 2015 Esquenazi MD, **Mays C**, Koltz PF, Bell DE. 2015. Facial Burns Received While Smoking on Home Oxygen Therapy Results in Significant Mortality. Southern Regional Burn Conference. Dallas Tx.
- 2013 Koltz PF, **Mays C**, Frey JD, Bell DE. 2013. Facial Burns Secondary to Smoking on Home Oxygen Therapy: Characterization of a Difficult Patient Population. American Burn Association. Palm Springs CA
- 2013 Koltz PF, **Mays C**, Davenport C, Bell DE. 2013. Have You Been Wearing Your Sunscreen? An Evaluation of Burn Patient Knowledge and Compliance with UV Protection. American Burn Association. Palm Springs CA
- 2013 **Mays C**, Koltz PF, Frey JD, Bell DE. 2013. Partial and Full Thickness Burns of the Face: A Relatively Large Burden Despite Small Surface Area. American Burn Association. Palm Springs, CA.
- 2012 Myers RP, Farach S, **Mays C**, Bell D. 2012. Sustaining Burns from Household Heating Pads: Who is at risk? International Society for Burn Injuries. Edinburgh, Scotland.
- 2012 **Mays C**, Koltz PF, Frey JD, Bell DE. 2012. Partial and Full Thickness Burns of the Face: A Relatively Large Burden Despite Small Surface Area. International Society for Burn Injuries. Edinburgh, Scotland.
- 2012 Koltz PF, Wasicek P, **Mays C**, Bell DE. An Unsuspecting Cause of Meal-Time Morbidity: Instant Noodle Scald Burns. International Society for Burn Injuries. Edinburgh, Scotland.
- 2012 Koltz PF, Wasicek P, **Mays C**, Bell DE. An Unsuspecting Cause of Meal-Time Morbidity: Instant Noodle Scald Burns. American Burn Association. Palm Springs, CA.
- 2011 Koltz PF, Holloman C, **Mays C**, Girotto JA. 2011. Value for your dollar: What families want from their teams. American Cleft Palate-Craniofacial Association, San Juan, Puerto Rico.
- 2009 Matheson PJ, **Mays CJ**, Hurt RT, Zakaria ER, Richardson DJ, Garrison RN. 2008. Mesenteric lymph flow and composition are modulated by direct peritoneal resuscitation from hemorrhagic shock. Western Surgical Association, Santa Fe, New Mexico.

- 2008 Zakaria ER, **Mays CJ**, Matheson PJ, Hurt RT, Garrison RN. Plasma appearance rate of intraperitoneal macromolecular tracer underestimates peritoneal lymph flow. *Perit Dial Int.* 2008;28(Suppl 1):S7.
- 2007 Hurt RT, Matheson PJ, **Mays CJ**, Zakaria El R, McClave SR, Garrison, RN. 2007. Early feeding in acute pancreatitis in rats. *Gastroenterology* 132(4) Supplement 2: A-252.

#### Presentations

- 2020 **Mays C**, Evolus Virtual Presentation on product design, strategy and marketing. April 1<sup>st</sup> 2020.
- 2019 **Mays C**, Calobrace MB. Sientra Preceptorship. Implant Profile and overview. 21C hotel, Louisville Ky. November 14<sup>th</sup> 2019.
- 2019 **Mays C**. Calobrace MB. Soft tissue support: Versatility in Breast Surgery. Galatea lectureship series. RPM Italian, Chicago Illinois November 8<sup>th</sup> 2019
- 2016 **Mays C**. The use of Bupivacaine Transverse Abdominis Plane Block in Abdominal Wall Reconstruction. Resident Research Forum, University of Rochester Division of Plastic Surgery. Rochester, NY. June 4<sup>th</sup>, 2016
- 2015 **Mays C**. Management of Local Complications After Explantation of Left Ventricular Assist Devices. Resident Research Forum, University of Rochester Division of Plastic Surgery. Rochester, NY. June 6, 2015.
- 2015 **Mays C**. Management and Sequencing in Panfacial Trauma. URMCM Facial Trauma Grand Rounds, University of Rochester Medical Center. Rochester NY. April 9, 2015
- 2014 **Mays C**. Graduating Plastic Surgery Residents and their Attending Mentors: Do We See Eye to Eye? Resident Research Forum, University of Rochester Division of Plastic Surgery. Rochester, NY. May 31, 2014
- 2014 **Mays C**. Composite Tissue Allotransplantation. The Art, Beauty, Triumphs and Tribulations of Facial Transplantation. Plastic Surgery Grand Rounds, University of Rochester Medical Center. Rochester NY. March 13, 2014

- 2013 **Mays C.** An Unsuspecting Cause of Meal-Time Morbidity: Instant Noodle Scald Burns. Resident Research Forum, University of Rochester Division of Plastic Surgery. Rochester, NY. June 15, 2013
- 2013 **Mays C., Koltz P., Frey J.D., Bell D.** Partial and Full Thickness Burns to the Face: A Relatively Large Burden Despite Small TBSA. American Burn Association, Palm Springs, CA, April 23-26, 2013
- 2012 **Mays C, Koltz PF, Frey JD, Bell DE.** 2012. Partial and Full Thickness Burns of the Face: A Relatively Large Burden Despite Small Surface Area. International Society for Burn Injuries. Edinburgh, UK, September 9-13, 2012.
- 2012 Myers R.P., Farach S., **Mays C.,** Bell D., 2012. Sustaining Burns from Household Heating Pads: Who is at risk? International Society for Burn Injuries. Edinburgh, UK, September 9-13, 2012.
- 2008 **Midwest Student Biomedical Research Forum,** University of Nebraska Medical Center, Omaha NE. Mesenteric Lymph Flow Rates & Composition During Resuscitated Hemorrhagic Shock. Chester J. Mays BA. Departments of Surgery, Medicine and Physiology and Biophysics University of Louisville and Louisville VA Medical Center, Louisville, Kentucky.
- 2007 **Research Louisville.** Mesenteric Lymph Flow Rates & Composition During Resuscitated Hemorrhagic Shock. Chester J. Mays BA. Departments of Surgery, Medicine and Physiology and Biophysics University of Louisville and Louisville VA Medical Center, Louisville, Kentucky.
- 2006 **Research Louisville.** Early Enteral Feeding in Acute Pancreatitis in Rats. Chester J Mays BA. Departments of Surgery, Internal Medicine and Physiology & Biophysics, University of Louisville and Louisville VAMC, Louisville, Kentucky.
- 2005 **Senior Honors Thesis.** Brain Derived Neurotrophic Factor (BDNF)-Enhance Sensitivity to Ephrin-A2 in Retinal Neurons and Regulation of EPH Receptor Expression Levels. Chester J. Mays. Department of Biology, University of Louisville, Louisville, Kentucky
- Research
- 2016 **University of Rochester Division of Plastic Surgery** Length of Smoking Cessation and Effects on Wound Healing in a Rodent Model.
- 2014 **University of Rochester Division of Plastic Surgery**



Abdominal Wall Reconstruction: Postoperative outcomes using Transverse Abdominal Plane Anesthesia. A randomized controlled, double blinded study evaluating TAP regional anesthesia. Co-PI.

2007

**University of Louisville Department of Surgery**

Richard N. Garrison, M.D. Studied lymph flow rates and composition during resuscitated hemorrhagic shock. Poster, Video, Research Louisville 2007, Midwest Student Biomedical Research Forum, peer reviewed published manuscript.

2006

**University of Louisville Department of Surgery**

Richard N. Garrison, M.D. Studied early enteral feeding in acute pancreatitis. Published Abstract, Poster, Research Louisville 2006.

2004

**University of Louisville, Department of Biology**

Eric V. Wong, PhD. Studied retinal axonal behavior in the presence of both growth and inhibitory factors. Senior Honors Thesis.

## **EXTRACURRICULAR AND LEADERSHIP ACTIVITIES**

- 2020-present **Evolus**, Speaker Bureau Team
- 2019-present **Sientra**, Key Opinion Leader
- 2019-present **Galatea**, Speaker
- 2019-present **Contributing Editor**, Aesthetic Surgery Journal, The American Society for Aesthetic Plastic Surgery
- 2015-2016 **Administrative Chief Resident**, Division of Plastic Surgery, University of Rochester.
- 2012-13 **Risk Management Committee, Strong Memorial Hospital**, Rochester NY
- 2008 **American College of Surgeons, Kentucky Chapter**. Fall meeting October 4<sup>th</sup>, Griffin Gate Marriot Resort and Spa Lexington, Ky.
- 2007 **Prospective Student Host**, School of Medicine
- 2007 **Fresh Tissue Lab Assistant**, 1<sup>st</sup> year orientation, School of Medicine
- 2006-08 **Surgery Club**, School of Medicine
- 2006-08 **Integrated Clinical Cases Student Liaison**, School of Medicine
- 2006 **Teaching Assistant**, Microstructure course, School of Medicine
- 2006 **Peer Tutor**, Microstructure and Gross Anatomy, School of Medicine
- 2003-04 **President**, Sigma Alpha Epsilon Fraternity

## **PROFESSIONAL MEMBERSHIPS**

- 2019-present Kentucky Society of Plastic Surgeons
- 2018-present The Plastic Surgery Channel, contributing editor
- 2017-present American Board of Plastic Surgery, member

2016-present American Society for Aesthetic Plastic Surgery, Member  
2017-present American Society of Plastic Surgeons, Member  
2018-present Southeastern Society of Plastic and Reconstructive Surgeons, member

### **CONTINUING EDUCATION:**

2020 13<sup>th</sup> Annual Oculoplastic Symposium. Southeastern Society of Plastic Reconstructive Surgeons. The intercontinental Hotel Atlanta Georgia January 23<sup>rd</sup>.

2020 36<sup>th</sup> Annual Atlanta Breast Surgery Symposium. The Intercontinental Hotel Atlanta Georgia January 24<sup>th</sup>-26<sup>th</sup>

2019 Sientra Education Steering Committee. The London House. Chicago Illinois, June 14-15<sup>th</sup>.

2019 ASAPS Facial and Rhinoplasty symposium. The Cosmopolitan, Las Vegas Nevada. January 31<sup>st</sup>- February 2<sup>nd</sup> 2019

2019 35<sup>th</sup> Annual Atlanta Breast Surgery Symposium. The intercontinental Hotel Atlanta Georgia January 18<sup>th</sup>-20<sup>th</sup>

2018 Sientra Education Forum. Building the Best Breast Practice. June 3-5<sup>th</sup>, 2018. Stockholm Sweden.

2018 34<sup>th</sup> Annual Atlanta Breast Surgery Symposium. The Intercontinental Hotel Atlanta Georgia January 19<sup>th</sup>-21<sup>st</sup>.

2017 33<sup>th</sup> Annual Atlanta Breast Surgery Symposium. The Intercontinental Hotel Atlanta Georgia January 19<sup>th</sup>-22<sup>nd</sup>.

### **Examinations:**

2008 USMLE step I exam: PASS, June  
2009 USMLE step II CK: PASS, November  
2010 USMLE Step II CS: PASS, January